



# Physical Therapist I, Departments of Mental Health and Developmental Services

**Exam Code: 6MHGA**

**Administering Department:** Department of State Hospitals

**Exam Type:** Servicewide, Open

**Final Filing Date:** Continuous

**Class Code:** 8315

## CLASSIFICATION DETAILS

Physical Therapist I, Departments of Mental Health and Developmental Services – \$4,876.00 - \$6,698.00 per month.

**[View the Physical Therapist I, Departments of Mental Health and Developmental Services classification specification](#)**

## APPLICATION INSTRUCTIONS

**Final Filing Date:** Continuous

Applications are accepted on a continuous basis. The cut-off-date is the first Friday of each month. All completed applications and Training and Experience examinations submitted by each cut-off-date will be processed for that administration.

Note: Applications and examinations may be processed on a flow basis prior to the cut-off-date to meet the hiring needs of the department.

Dates printed on envelopes by mobile barcodes or equivalent mobile print technology are not acceptable proof of the date the application and any other required documents or materials were filed.

## **Who Should Apply:**

Applicants who meet the Minimum Qualifications as stated on this bulletin may apply for and take this examination. Once you have taken this examination, you may not retake it for **twelve (12)** months.

Unless otherwise stated on this bulletin, you must meet the Minimum Qualifications by the Final Filing Date or cut-off-date stated above.

## **How to Apply:**

Applicants are required to submit an Examination Application (STD 678), found at [www.calcareers.ca.gov](http://www.calcareers.ca.gov), either by mail, in person, or via email to the address listed below.

Once your application has been submitted, you must complete the **Training and Experience (T&E)** following the instructions below under, **Taking the Examination**.

Examination Services staff will screen each application. Applicants meeting the minimum qualifications will be admitted into the examination. **Applicants must submit the STD. 678 as well as the T&E. Failure to do so will result in a delay in the examination process.**

**The preferred method to apply is by emailing your STD 678 to:**

**PhysicalTherapist1DMHDDS@dsh.ca.gov**

**Electronic signatures are acceptable.**

Indicate the Classification on your Examination Application (STD 678).

You may apply by mail to:  
Department of State Hospitals – Sacramento  
Selection Services Unit  
1600 9<sup>th</sup> Street – Room 121  
Sacramento, CA 95814

Indicate the Classification on your Examination Application (STD 678).

You may apply in person at:  
Department of State Hospitals – Sacramento  
1600 9<sup>th</sup> Street  
Sacramento, CA 95814  
Monday through Friday, 8am to 5pm (excluding State holidays)

Indicate the Classification on your Examination Application (STD 678).

Bulletin Date: 5/7/2021

## **Special Testing Arrangements:**

If you require assistance or alternative testing arrangements due to a disability, please contact the testing department listed in the Contact Information section of this bulletin.

## **MINIMUM QUALIFICATIONS**

All applicants must meet the education and/or experience requirements as stated on this exam bulletin to be accepted into the examination. Part-time or full-time jobs, regardless of whether paid or volunteer positions, and inside or outside California state service will count toward experience.

**Possession of the legal requirements for the practice of physical therapy in California as determined by the California Board of Medical Quality Assurance. (Applicants may be admitted to the examination prior to meeting these requirements, but the Board of Medical Quality Assurance must determine that all legal requirements have been met before candidates will be eligible for appointment.)**

## **SPECIAL PERSONAL CHARACTERISTICS**

A sympathetic understanding of the mentally and developmentally disabled; willingness to work in a State hospital or institution; tact; high moral standards; reliability; emotional stability and freedom from communicable diseases.

## **DRUG TESTING REQUIREMENT**

Applicants for positions in this class are required to pass a drug screening test. Testing of current employees who are applicants in an examination or who are transferring is permitted only if the person does not have a current appointment to a class for which drug testing is a requirement.

## **POSITION DESCRIPTION**

Incumbents in this class administer active, passive, and resistive therapeutic exercises and local or general massage, muscle training and corrective exercises, and coordination work; administer hydrotherapy treatments; assist in administering various types of electrotherapy including ultraviolet, infrared, diathermy and inductothermy; teach parents of hospitalized children exercises which are to be continued at home and interpret to them the significance of physical therapy services; instruct clients in walking, standing, balance, use of crutches, cane, or walker and in the care of braces and artificial limbs; demonstrate plans for the construction of home equipment such as walkers and wheelchairs, and assist parents in planning their construction; take pulse, temperature, weights, and measurements of clients; observe clients undergoing treatment and report unusual occurrences and physical condition of clients to medical

officers and supervisors; attend clinics and keep clinical notes and records and make reports; maintain the treatment room and equipment in sanitary condition; order necessary equipment and supplies.

## **EXAMINATION SCOPE**

This examination consists of the following components:

**Training and Experience Evaluation** – Weighted 100% of the final score.

The examination will consist solely of a **Training and Experience Evaluation**. To obtain a position on the eligible list, a minimum score of 70% must be received.

In addition to evaluating applicants' relative knowledge, skills, and ability, as demonstrated by quality and breadth of education and/or experience, emphasis in each exam component will be measuring competitively, relative job demands, each applicant's:

### **Knowledge of:**

1. **Knowledge of principles and methods of physical therapy.**
2. **Knowledge of operations of therapeutic machines, including ultraviolet, infrared, diathermy, and inductothermy, and the physical effects resulting from such treatment.**
3. **Knowledge of skeletal anatomy and the basic pathology involved in diseases or injuries resulting in physical and mental disabilities.**
4. **Knowledge of construction and use of appliances and equipment suitable for home construction.**

### **Ability to:**

1. **Ability to administer various types of physical therapy.**
2. **Ability to teach the disabled the fundamentals of self-care and other suitable activities.**
3. **Ability to interpret physical therapy treatments to nurses, attendants, parents and clients, and teach other the treatment which must be continued after hospitalization.**
4. **Ability to prepare reports and keep records and case histories.**
5. **Ability to analyze situations accurately and take effective action.**

## **ELIGIBLE LIST INFORMATION**

A Servicewide, Open eligible list for the **Physical Therapist I, Departments of Mental Health and Developmental Services** classification will be established for use by all state agencies.

The names of **successful** competitors will be merged onto the eligible list in order of final score regardless of exam date. Eligibility expires **12 months** after it is established. Applicants must then retake the examination to reestablish eligibility.

Veterans' Preference will be granted for this examination. In accordance with Government Codes 18973.1 and 18973.5, whenever any veteran, or widow or widower of a veteran achieves a passing score on an open examination, he or she shall be ranked in the top rank of the resulting eligible list.

Veterans status is verified by the California Department of Human Resources (CalHR). Information on this program and the Veterans' Preference Application (Std. form 1093) is available online at the following website:

<https://www.jobs.ca.gov/CalHRPublic/Landing/Jobs/VeteransInformation.aspx>

Additional information on veteran benefits is available at the Department of Veterans Affairs.

Career credits are not granted for examinations administered on an Open or Promotional basis.

## PREPARING FOR THE EXAMINATION

Here is a list of suggested resources to have available prior to taking the exam.

1. **Employment History:** Employment dates, job titles, organization names and addresses, names of supervisors or persons who can verify your job responsibilities, and phone numbers of persons listed above.
2. **Education:** School names and addresses, degrees earned, dates attended, courses taken (verifiable on a transcript), persons or office who can verify education, and phone numbers of persons or offices listed above.
3. **Training:** Class titles, certifications received, names of persons who can verify your training, and phone numbers of persons listed above.

## TAKING THE EXAMINATION

To be considered as a candidate, **step 1 and 2 must be completed.**

- **If step 1 and 2 are not completed; the application will not be reviewed and/or the examination will not be scored.**
- **After you complete steps 1 and 2, the application will be reviewed to determine that the Minimum Qualifications are met, then the examination will be processed and you will receive your results by mail within 4 - 6 weeks of the cut-off date stated above.**

**NOTE: Sending an application for a job or position is NOT the same process as sending an application for this examination.**

**Step 1. Submit your application following the instructions above.**

**Step 2. [Click on this link to take the Physical Therapist I, Departments of Mental Health and Developmental Services examination.](#)**

## **TESTING DEPARTMENTS**

Department of State Hospitals

## **CONTACT INFORMATION**

Questions relating to this exam should be directed to:

Department of State Hospitals  
Selection Services Unit  
Monday through Friday, 8am to 5pm (excluding State Holidays)  
Phone: 916-651-8832  
Email: [PhysicalTherapist1DMHDDS@dsh.ca.gov](mailto:PhysicalTherapist1DMHDDS@dsh.ca.gov)

California Relay Service: 1-800-735-2929 (TTY), 1-800-735-2922 (Voice). TTY is a Telecommunications Device for the Deaf, and is reachable only from phones equipped with a TTY Device.

## **EQUAL OPPORTUNITY EMPLOYER**

The State of California is an equal opportunity employer to all, regardless of age, ancestry, color, disability (mental and physical), exercising the right of family care and medical leave, gender, gender expression, gender identity, genetic information, marital status, medical condition, military or veteran status, national origin, political affiliation, race, religious creed, sex (includes pregnancy, childbirth, breastfeeding, and related medical conditions), and sexual orientation.

## **DRUG-FREE STATEMENT**

It is an objective of the State of California to achieve a drug-free State work place. Any applicant for State employment will be expected to behave in accordance with this objective, because the use of illegal drugs is inconsistent with the law of the State, the rules governing civil service, and the special trust placed in public servants.

## GENERAL INFORMATION

Examination and/or Employment Application (STD 678) forms are available at the California Department of Human Resources, local offices of the Employment Development Department, and through your CalCareer Account at the following website:

**<http://www.CalCareers.ca.gov/>**

If you meet the requirements stated on this examination bulletin, you may take this examination, which is competitive. Possession of the entrance requirements does not assure a place on the eligible list. Your performance in the examination described in this bulletin will be rated against a predetermined job-related rating, and all applicants who pass will be ranked according to their score.

The Department of State Hospitals reserves the right to revise the examination plan to better meet the needs of the service, if the circumstances under which this examination was planned change. This examination may be canceled by the Department of State Hospitals at any time prior to the establishment of the employment list. Such revision or cancellation will be in accordance with civil service laws and rules and all applicants will be notified.

**General Qualifications:** Applicants must possess essential personal qualifications including integrity, initiative, dependability, good judgement, the ability to work cooperatively with others, and a state of health consistent with the ability to perform the assigned duties of the class. A medical examination may be required. In open examinations, investigation may be made of employment records and personal history and fingerprinting may be required.

**Eligible Lists:** Eligible lists established by competitive examination, regardless of date, must be used in the following order: 1) sub-divisional promotional, 2) departmental promotional, 3) multi-departmental promotional, 4) servicewide promotional, 5) departmental open, 6) open. When there are two lists of the same kind, the older must be used first. Eligible lists will expire in one to four years unless otherwise stated on the bulletin.

**High School Equivalence:** Equivalence to completion of the 12<sup>th</sup> grade may be demonstrated in any one of the following ways: 1) passing the General Education Development (GED) Test; 2) completion of 12 semester units of college-level work; 3) certification from the State Department of Education, a local school board, or high school authorities that the competitor is considered to have education equivalent to graduation from high school; or 4) for clerical and accounting classes, substitution of business college work in place of high school on a year-for-year basis.