

**Metropolitan State Hospital**  
**Community Education Program**

**Invites Families and Friends to a Video Review and Discussion Regarding**

**“Understanding Art Therapy and Its Value in Recovery”**

Presenter:



**Nina Matthews, MA , MFA, ATR**

Ms. Matthews will cover an introduction to Art therapy and its treatment relevance in the Dialectical Behavior Therapy unit treating patients with Borderline Personality Disorder. There will be a case presentation of a patient with BPD and will include a slide show of the artwork generated from individual Art therapy sessions. Participants will also be given an option to engage in an interactive creative process to experience the validity and utility of the Art therapy process.

**Don't miss this informative presentation!**

**Saturday November 12, 2016**

**11:30 a.m.-2:30 p.m.**

**Location:**

**James Hall**

**Metropolitan State Hospital**

**11401 Bloomfield Avenue**

**Norwalk, CA 90650**

MSH-Community Mental Health Education Program is a community support group in partnership with NAMI which provides free information sessions to the community, family, friends, and staff that care for those with mental illness.

For more information please contact:

Terez Cage Henson, Chief of Enhancement Services (562) 651- 4311

Or

Maribel Forbes, LCSW (562) 409-7169

\*\*\*\*Light Refreshments will be provided\*\*\*\*

Thank you for being on time for the 11:30 a.m. meeting