

# DEPARTMENT OF STATE HOSPITALS

## STATEWIDE PROPERTY CONTRABAND LIST

Revised: April 2, 2014

### I. CONTRABAND

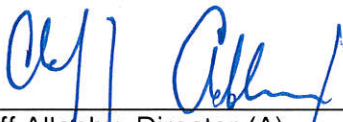
A. "Contraband" means materials, articles, or goods that patients are prohibited from having in their possession because such materials, articles or goods present a risk to safety and security in the facility. (Welf. & Inst. Code, § 7295, subd. (i); Cal. Code Regs., tit. 9, § 881, subd. (e).)

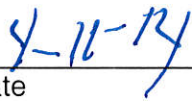
B. Items restricted to use only under supervision or control may be considered contraband for the purposes of this list, as they should not be in patient's possession without supervision. All items that are illegal to possess are by default considered to be contraband, whether specifically contained in this list or not. This includes any items prohibited as a condition of parole as it applies to any patient on active parole while housed in a DSH facility.

1. Any policy, manual, directive or other facility or DSH document deemed to be "Patient Restricted".
2. Any item that is being used in an improper manner and / or altered in such a manner as to present a danger to the safety of any patient, staff member, or visitor.
3. Alcoholic beverages.
4. All illegal drugs, including but not limited to: narcotics, marijuana, hallucinogenic and non-prescribed medications.
5. All smoking and tobacco products, as provided for Welfare and Institutions Code section 4138, including electronic cigarettes commonly referred to as - e-cigarette, electronic vaping device, personal vaporizer (PV), or electronic nicotine delivery system (ENDS).
6. Balloons.
7. Blank State of California or other hospital related letterhead or stationary.
8. Cameras.
9. Chemical dispensing control devices, such as mace, pepper spray, or tear-gas.
10. Cleaning chemicals, including but not limited to Ammonia, in pure form or any other chemicals not approved by Health and Safety Committee.
11. Combs and hairbrushes exceeding 10 inches in overall length.
12. Combustibles, inflammable liquids or explosives and explosive making materials.
13. Correcting fluid/tape (White-out of any type).
14. Detachable external speakers with cords.
15. Drugs, medicated products or dietary supplements not provided, or specifically approved by the hospital. Drugs or medications prescribed but not consumed at time of issue, unless specifically approved.\*\*May be approved in special circumstances by each facility\*\*
16. Electronics with wireless capabilities, including but not limited to cell phones, PDAs, tablets and videogame systems with Internet capabilities to comply with California Code of Regulations, title

- 9, section 4350. Electronics with external audio or video recording capability, including recordable greeting cards.
17. Escape devices such as lock picks, devices made capable of opening handcuff/restraint and or any metal fashioned into a lock picking device.
  18. Fingernail files, metal over 1.5 inches in length with pointed tip.
  19. Furniture not issued by facility.
  20. Gang related or gang identifying items, as identified by the Administration of the facility.
  21. Glass, including but not limited to glass mirrors, containers and glass fragments including ceramics, except those items used under direct staff supervision.
  22. Headphones with metal in headband.
  23. Herbal teas not purchased from canteen or exchange.
  24. Hypodermic needles.
  25. Identification items or financial payment methods, driver's licenses, birth certificate, bonds, Social Security cards, credit cards, bank books, or any form of identification not provided by the hospital. Exception for those allowed as part of a treatment plan.
  26. Incendiary devices, including but not limited to, matches and lighters.
  27. Items containing metal bindings, including but not limited to books and binders.
  28. Keys, except those issued by DSH staff where applicable.
  29. Luggage.
  30. Purses or bags with detachable straps.
  31. Medical equipment, supply or device not prescribed, approved and provided by the facility.
  32. Maps of local and surrounding counties, any source literature, including local maps or electronic devices capable of displaying maps.
  33. Material giving instruction on escape, bomb making, bugging, surveillance, surreptitious entry, acts of violence, or any illegal activity.
  34. Materials used in tattooing, including but not limited to fountain pens (bulb type).
  35. Non State issued clothing pursuant to California Code of Regulations, title 9, section 890. Exception – personal items such as; shoes, caps, beanies, gloves or undergarments that do not meet other contraband criteria.
  36. Personal information of any nature (including, but not limited to home address, telephone numbers, and photographs) of any District Attorney, Law Enforcement employee involved in any patients case, any staff member, volunteer, or contract employee of the Department of State Hospitals. (Personal information of any victim is subject to Administrative review and may be considered contraband, depending on the nature of the relationship of the victim to the patient.)
  37. Personal property held in quantities exceeding institutional set space limitations.
  38. Plastic wrap.
  39. Portrayals of nudity of a minor, or person who appears to be under 18 years old and/or portrayals of sexual conduct where any of the participants is a minor, or appears to be under 18 years old, as determined by Administrative review.
  40. Pressurized air, including but not limited to air horns, air compressors, blow horns, pressurized dispensers and sirens.
  41. Radios or scanning/monitoring devices capable of receiving or interfering with law enforcement/fire emergency broadcasts, shortwave or CB radios of any type, satellite radios.
  42. Rope, twine, wire.

43. Sandpaper and emery cloth.
44. Shoe polish or dye
45. Shoelaces when removed from shoe.
46. Shoes with steel shanks, hollow heels or magnetic components. Stilettos or heels above 1 ½".
47. Solvents, including but not limited to paints, lacquers, shellac, and acetone, including acetone based nail polish remover.
48. State issued clothing that has been altered or any clothing displayed in a manner commonly associated with gangs.
49. Styrofoam modified from original form.
50. Sunglasses that are reflective or too dark to assess the patient's eyes; sunglasses with exposed metals (not encased in plastic).
51. Tape not issued by the facility
52. Telephone directories; local community and facility.
53. Tools or metal utensils not being used under staff supervision
54. Umbrellas.
55. Weapons that can inflict bodily harm, including but not limited to swords, spears, daggers, razor blades, mechanically projected missiles, guns, bullets, ammunition, explosives, scissors, letter openers, drawing compasses, saw blades, metal nail files over 1.5 inches in length, etc. Metal items which could be fashioned into weapons, including but not limited to metal clothes hangers.

  
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Cliff Allenby, Director (A)  
Department of State Hospitals

  
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Date

**Summary of Changes to the Updated DSH-Napa Contraband List November 2014**  
**Please see complete DSH-Napa Contraband List**

Listed below notation if item was added and the current description followed by the change that occurred.

<b>Item</b>	<b>Description Change</b>
<b>Aluminum Foil</b>	Not permitted: staff or patients.  <u>Change:</u> Word change from "allowed" to "permitted"
<b>Beard Trimmers</b>	Controlled and supervised.  <u>Change:</u> Removed: On Discharge Units are not controlled or supervised.
<b><u>New:</u></b> <b>Caffeinated Coffee</b>	Coffee is a stimulant with diagnosable disorders in DSM-5 (including intoxication and withdrawal) can be abused, e.g. snorting for the purposes of getting high, it can interfere with successful treatment of major psychiatric disorders and substance addiction disorder, it can be an item of currency used to facilitate "wheeling and dealing" and that all the above factors raise the safety and security concerns for staff, other patients, and the hospital.  Allowed one cup only in dining room at breakfast.
<b>Chewing Gum</b>	Not Permitted.  <u>Change:</u> Word change from "allowed" to "permitted"
<b>Computers – laptops or desk tops</b>	Not Permitted.  <u>Change:</u> Word change from "allowed" to "permitted"
<b>Data Storage Devices</b>	All Data Storage Devices (i.e., IPOD Shuffle, MP3 players, thumb drives, etc.) are subject to random inspections for contraband materials.  May not have internet capability. Docks for IPOD shuffle and MP3 players <u>are</u> permitted.  <u>Change:</u> May not have internet capability. Docks for IPOD shuffle and MP3 players <u>are</u> permitted.
<b>Nail Polish and Nail Polish Remover</b>	Maximum five (5) colors. Glass containers OK for nail polish. Nail polish remover non-acetone only, no glass, clear plastic container only. Controlled items.  <u>Change:</u> Glass containers OK for nail polish. ...
<b>Pornography</b>	Not permitted. Examples include:

**Summary of Changes to the Updated DSH-Napa Contraband List November 2014**  
**Please see complete DSH-Napa Contraband List**

Listed below notation if item was added and the current description followed by the change that occurred.

<b>Item</b>	<b>Description Change</b>
	<p><b>Movies</b> rated more restrictive than R or movie with advisory of graphic sexual content is prohibited. This would include NC17 and more restrictive.</p> <p><b>Magazines</b> not legally available for purchase by people under the age of 18.</p> <p><b>Video Games</b> rated M, Mature, or rated A, Adults Only with content descriptors of Mature Humor, Nudity, Sexual Violence, Strong Lyrics, Strong Sexual Content.</p> <p><u>Change:</u> Additional language added to not permitted.</p>
<b>Shoelaces</b>	<p>Shoe Laces must be checked out for organized sports activities and vocational assignments.</p> <p>Replacement shoelaces may be ordered, 1 pair, for pick-up at Package Center by Mall Services staff with old laces disposed of by Mall staff.</p> <p><u>Change:</u> Added language to allow for replacements: Replacement shoelaces may be ordered, 1 pair, for pick-up at Package Center by Mall Services staff with old laces disposed of by Mall staff.</p>
<b>Surge / Circuit Protectors</b>	<p>Limit one (1) surge/ circuit protector - power strip per patient. Must be OSHA NRTL listed. Resettable only. No more than 6 outlets.</p> <p><u>Change:</u> Addition of word, "protector"</p>
<b><u>New:</u></b> <b>Tweezers</b>	Controlled and supervised item only.

**DSH-Napa Hospital Specific Contraband  
Implementation Date November 15, 2014**

**NOTE: The DSH-Napa Specific Contraband list follows the approved Statewide Contraband list and these two lists must be reviewed together to ensure full compliance with restricted items.**

<b>Item</b>	<b>Description</b>
<b>Factory Sealed</b>	All Items must be shipped direct from a vendor. Packages must be factory sealed, original packaging. Exception for books.
<b>Aluminum Foil</b>	Not permitted: staff or patients.
<b>Antenna, Digital (flat antenna)</b>	Limit is one (1). Telescoping antennas not allowed. Must be similar to type offered via Walkenhorst's.
<b>Art, Craft Supplies</b>	Potential tools, e.g., paints, glue or colored pencils longer than 3" are controlled. Crochet hooks, knitting needles, yarn, string can be ordered but can only be received / used at OT Shop or Mall with staff observation.
<b>Audio-Visual Cables/ AC Adaptors</b>	Cable length is limited to 6 feet. Cables and adaptors limited to those needed for equipment. Replacement of cables and AC Adaptors allowed via exchange of old cables for new cables at Package Center.
<b>Batteries</b>	Batteries in personal control shall be stored in the items they are for. Staff are to recycle batteries when replaced.
<b>Beard Trimmers</b>	Controlled and supervised. On Discharge Units are not controlled or supervised.
<b>Bedding</b>	Blankets, comforters, bed spreads no larger than standard twin size. Personal sheets limited to Discharge Units.
<b>Bicycles</b>	DSH-N Bicycles are available for patient use
<b>Blow Dryers and Curling Irons</b>	Are controlled and supervised.
<b>Caffeinated Coffee</b>	Coffee is a stimulant with diagnosable disorders in DSM-5 (including intoxication and withdrawal) can be abused, e.g. snorting for the purposes of getting high, it can interfere with successful treatment of major psychiatric disorders and substance addiction disorder, it can be an item of currency used to facilitate "wheeling and dealing" and that all the above factors raise the safety and security concerns for staff, other patients, and the hospital.  Allowed one cup only in dining room at breakfast.
<b>Chewing Gum</b>	Not permitted.
<b>*Computers – laptops or desk tops</b>	Not permitted. *(Until further notice, patients with computers may retain them; replacement, upgrades or repairs are not allowed.)

C= Controlled Item (must be checked in/out by staff) and S= Supervised Item (requires direct staff supervision when in use)

**DSH-Napa Hospital Specific Contraband  
Implementation Date November 15, 2014**

<b>Item</b>	<b>Description</b>
<b>Cosmetic Pencils</b>	Must be self-sharpening are controlled and supervised. On Discharge Units are not controlled or supervised.
<b>Data Storage Devices</b>	All Data Storage Devices (i.e., IPOD Shuffle, MP3 players, thumb drives, etc.) are subject to random inspections for contraband materials.  May not have internet capability. Docks for IPOD shuffle and MP3 players <u>are</u> permitted.
<b>Dental Floss</b>	Controlled Item.
<b>Disposable Razors</b>	Disposable razors are not allowed. Electric shavers only and are controlled and supervised. May be purchased or sent in by vendor. Otherwise supplied by DSH-N. Old shaver head must be turned in at the time the replacement head is issued.
<b>Fans</b>	Limit to plastic battery operated fans.
<b>Finger Nail files – Metal</b>	Not allowed.
<b>Hair Color and Straightener</b>	Must come through Package Center only; will go directly from there to the Beauty Shop for use under supervision.
<b>Hairbrushes, Hair Picks and Combs</b>	Plastic only. Handles are not permitted.
<b>Headphones</b>	Headphone cord length, maximum 8 feet. No metal. No wireless capabilities.
<b>Hygiene Products</b>	Limit is three (3); deodorants, boxes of Kleenex, boxes of sanitary pads, boxes of tampons, Lectric Shave, non-aerosol products, pump only for both men and women. No glass containers. **Alcohol based products are supervised items.
<b>Jewelry</b>	Necklaces not allowed. Bracelets single strand only. Rings no sharp edges, no oversized or protuberances and only two (2) can be worn on one hand at any time. Earrings must be flat and no larger than a quarter.
<b>Money</b>	Money order or copies of money, including foreign currency. Paper money. Coin in excess of \$18.

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**DSH-Napa Hospital Specific Contraband  
Implementation Date November 15, 2014**

<b>Item</b>	<b>Description</b>
<b>Nail Polish and Nail Polish Remover</b>	Maximum five (5) colors. Glass containers OK for nail polish. Nail polish remover non-acetone only, no glass, clear plastic container only. Controlled items.
<b>Nose Hair Trimmers</b>	May be purchased and sent in by vendor; are controlled and supervised. On Discharge Units are not controlled or supervised.
<b>Pen, Ball Point</b>	State issued plastic "Short" pen, 3/5 inches long with non-removable tube. Long Pens/ standard size pens are approved for Patients residing on Discharge Units, limit three (3).
<b>Plastic Bag – Zip Lock</b>	One Gallon size; 12"x12" or smaller, clear in color. Bags must be in use to be in patient possession. Bags not in use are controlled item.
<b>Pornography</b>	Not permitted. Examples include: <b>Movies</b> rated more restrictive than R or movie with advisory of graphic sexual content is prohibited. This would include NC17 and more restrictive. <b>Magazines</b> not legally available for purchase by people under the age of 18. <b>Video Games</b> rated M, Mature, or rated A, Adults Only with content descriptors of Mature Humor, Nudity, Sexual Violence, Strong Lyrics, Strong Sexual Content.
<b>Remote Controls</b>	Remotes must match item.
<b>Shoe Laces</b>	Shoe Laces must be checked out for organized sports activities and vocational assignments.  Replacement shoelaces may be ordered, 1 pair, for pick-up at Package Center by Mall Services staff with old laces disposed of by Mall staff.
<b>Socks</b>	No higher than mid-calf and no 100% nylon.
<b>Stamps</b>	Limit two (2) books of first class stamps. Pre-stamped embossed envelopes may be substituted for stamps.
<b>Surge / Circuit Protectors</b>	Limit one (1) surge/ circuit protector - power strip per patient. Must be OSHA NRTL listed. Resettable only. No more than 6 outlets.
<b>Sweat Bands, Head and Wrist</b>	For use in exercise and sporting activities, controlled item.
<b>Tattooing Materials</b>	Chess pieces limited to plastic with maximum height of 4". Nose hair trimmers and electronic shavers are controlled items.

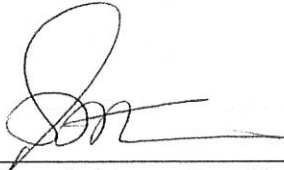
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**DSH-Napa Hospital Specific Contraband  
Submitted for Approval October 2014  
Target Implementation Date, November 15, 2014**

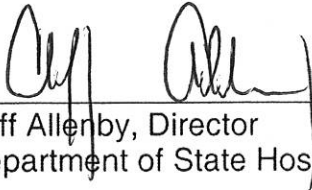
Item	Description
<b>Tattooing Materials</b>	Chess pieces limited to plastic with maximum height of 4". Nose hair trimmers and electronic shavers are controlled items.
<b>Toothbrush</b>	State issued plastic or flexible no longer than 3". (for example Walkenhorst item #54666-005). Limit for purchase: three (3); extras to be kept in personal canteen storage container.
<b>Tweezers</b>	Controlled and supervised item only.
<b>Undershorts Underwear (Men)</b>	Forensic Patients: Any color briefs or boxer briefs allowed. Boxers can only be white.

*Note: Items that come with an anti-theft device will be opened and the anti-theft device removed (small piece of metal).*



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Dolly Matteucci, Executive Director DSH-N

10/21/14  
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Date



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Cliff Allenby, Director  
Department of State Hospitals

10-22-14  
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Date