
Twentieth Annual

Department of State Hospitals-Patton Forensic Mental Health Conference

**Inform, Inspire and Encourage;
Providing Mental Health Care**

February 20 and 21, 2013

Caring Today for a Safe and Healthy Tomorrow

**DEPARTMENT OF STATE HOSPITALS (DSH) - PATTON
3102 EAST HIGHLAND AVENUE
PATTON, CALIFORNIA 92369
(909) 425 - 7000**

Inform, Inspire and Encourage; Providing Mental Health Care

The Twentieth Annual Patton State Hospital Forensic Mental Health Conference is presented without cost to participants in an effort to bring together individuals who share an interest in forensic mental health issues. We have made every effort to provide presentations of interest to participating friends, families and professional colleagues.

I invite you to join us on February 20 and 21, 2013 for another educational experience. Pre-registration for the conference is not required. Participation in concurrent presentations during the conference will be on a first-come, first-served basis. Presentations will be closed when attendance reaches fire capacity of the assigned room.

Octavio C. Luna
Executive Director

2012 Conference Planning Committee

Lorraine Jimenez, TO, II

Conference Coordinator

Wadsworth Murad, DO, Chief of Professional Education

Blanche Sherer, Hospital Administrator

Eliseo Reyes, P.N.E.D.

Julie De Palma, Chief of Standard Compliance

Michael Gomes, PD (A)

Ginny Gibialante, P.D .

Christopher Flagg, Audio/Visual

David Haimson, Ph.D.

Vinson Wilson, Audio/Visual

Giancarlo Gonzales, P.D.

David Bienstock, IT

Angela Stoner, Librarian

Bobbi Harris, OT

Aaron Stieg, PT Enhancement Svs

Grace Ferris, Assistant Dir. Nutritional Services

Veronica Kaufman, LCSW - Chief of Social Work Services

Greg Siples, MT, PD - Chief of Rehabilitation Services

Twentieth Annual

Department of State Hospitals-Patton Forensic Mental Health Conference

**Inform, Inspire and Encourage;
Providing Mental Health Care**

Wednesday, February 20, 2013

8:00-8:30	Registration
8:30-9:00	Welcome and Orientation

9:00-10:30 KEYNOTE ADDRESS:

Auditorium

Presentation: The Manufacture of Recovery

Presenter: Joel Braslow, M.D., Ph.D.

UCLA – NPI Health Services Research Center

Summary: Recovery (also known as the “recovery orientation,” “recovery vision,” or “recovery philosophy”) has been the dominant paradigm shaping current mental health policy for the past decade. It is claimed to be a revolutionary departure from the past and a guide to policy that will transform outcomes of severe mental illness. This review looks critically at the history of recovery and examines the ways in which this history has shaped the values, beliefs, and practices of current recovery-based policies. Recovery is a treatment philosophy that emerged from the ruins of deinstitutionalization and the psychopharmaceutical revolution. Yet paradoxically, recovery reflects many of the same ideas that made deinstitutionalization and the era of psychopharmacology possible. Further, history reveals how the recovery movement is deeply indebted to and embedded within the sociocultural values of neoliberalism that have shaped public policy since the presidential election of Ronald Reagan in 1980.

1.5 CME/CEU/S.W. CEU

10:30-10:45 BREAK

WEDNESDAY, FEBRUARY 20, 2013

10:45-11:45

Auditorium

Presentation: Beyond “ETRC” – A More Meaningful Approach For Keeping Risks From Becoming Incidents

**Presenter: George Christison MD, Medical Director, Patton State Hospital
Department of State Hospitals-Patton**

Summary: Forensic hospitals have clinical risk management systems to try to reduce the chance that at-risk patients cause assaults or other incidents. In 2008, California state hospitals were required to implement a complex multi-level clinical risk management system. It is questionable whether this time-intensive effort has resulted in meaningful incident reduction. This presentation will analyze questionable assumptions inherent in the 2008 system and also literature regarding categories of modifiable risk factors ignored by that system. An approach that aims at greater effectiveness and meaningfulness will be described.

1.5 CME/CEU/S.W. CEU

11:45-1:15 LUNCH

CONCURRENT PRESENTATIONS

1:15-2:45

Auditorium

Presentation: Counter Terrorism Role for the Forensic Mental Health Professionals in Work with Police Officers

**Presenter: Ronn Johnson, Ph.D.
Chris Wehrle, MA Candidate
Nick Boyd, MA Candidate**

University of San Diego

Summary: Clinical and forensic psychological skills are required for work with police and help implement anti-terrorism measures. Terrorism fuels the need for police to systematically integrate mental health factors into their threat assessments and operations as *part of* a home security response.

1.5 CME/CEU/S.W. CEU

Concurrent Presentations

1:15-2:45

Staff Development Center-Room 105

Presentation: Maintaining Motivation: Providing Mental Health Care from an Inner Perspective

Presenters: Donald Kern, L.M.F.T.

Woodland Hills, CA

Summary: The presentation informs mental health professionals by telling about the firsthand experience of mental illness through the perspective of a treatment professional who also has a 37 year diagnosis of bipolar disorder. Topics include communication between consumers and staff, family issues, spirituality confusion, acceptance of a mental illness diagnosis, medication adherence and finding the dividing line between clinical duties and personal life. Inspiration is achieved by recounting the presenter's personal success story of recovery over a 25 year period. Attendees will be encouraged and empowered as the presentation recounts recovery tools, which have been helpful to the presenter from his personal experience and as a psychotherapist working with bipolar disordered individuals.

1.5 CEU/S.W. CEU

1:15-2:45

Staff Development Center-Room 108

Presentation: Holistic Diagnosis and Treatment from Christian Perspectives

Presenter: Pastor Paul Leonard Wu, Ph.D., LCSW, ACSW

Department of State Hospitals-Patton

Summary: This presentation will demonstrate a frame of reference of Christian bio-psycho-social and spiritual approach to therapy "Holistic Pastoral Counseling." The theoretical framework of Christian holistic diagnosis in bio-psycho social and spiritual dimensions; will illustrate practical applications of how the Christian holistic beliefs bring about changes, discuss the key elements of each of the four dimensions; will explore some of the problems frequently found in the forensic patients and to focus on renewal and reshaping of real people.

1.5 /CEU/S.W. CEU

WEDNESDAY, FEBRUARY 20, 2013

Concurrent Presentations

1:15-2:45

Staff Development Center-Room 111

Presentation: Does Psychotherapy Work? An in-depth Discussion of the Common Factors Approach to Psychotherapy

Presenter: Jesus Rodriguez, Ph.D.

Department of State Hospitals-Patton

Summary: Pressures from outside and within the field of psychology have forced the practice of psychotherapy into a medical model approach. This presentation will highlight the common factors approach to psychotherapy as an alternative and more effective model of psychotherapy. Research on the effectiveness of the common factors approach will be presented, elucidating the *why* and *how* psychotherapy effectiveness. In addition, a demonstration of the common factors approach will be presented and discussed.

1.5 CME/CEU/S.W. CEU

1:15-2:45

Fitness Center, Conference Room

Presentation: Substance Related Disorders

**Presenter: Behnam L. Behnam, M.D., D.S.,
Senior Psychiatrist Supervisor
Chief of Professional Education**

Department of State Hospitals-Metropolitan

Summary: This is an activity based presentation. At the end of this presentation the participants will have the knowledge of updates regarding: 1. Etiology and epidemiology of Substance Related disorders, 2. Classification of Substance Related Disorders, 3. Psychopharmacological effect of each class, 4. Toxic and withdrawal effect of each class, 5. Diagnosis of Substance Related Disorders, 6. Pharmacological and Non-Pharmacological Treatment.

1.5 CME/CEU/S.W. CEU

2:45-3:00

BREAK

WEDNESDAY, FEBRUARY 20, 2013

Concurrent Presentations

3:00 – 4:30

Auditorium

Presentation: Thoughts on Milieu, Individual and Group Treatment of the Antisocial Psychopathic Patient

Presenter: Edward Bischof, Ph.D.
Department of State Hospitals-Atascadero

Summary: This presentation will examine the personality of the psychopathic patient from a developmental psychoanalytic perspective, present a visual construct for thinking about the challenge of dealing with the patient and delineate specific recommendations for treatment.

1.5 CME/CEU/S.W. CEU

3:00 – 4:30

Staff

Development Center 105

Presentation: Believing, Seeing, Achieving By Celebrating what's Right With The World

Presenter: Veronica Kauffman, LCSW, PD
Greg Siples, MT, PD

Department of State Hospitals-Patton

Summary: How easy it is to celebrate a birthday, a marriage, a holiday. How hard it is to hold that same perspective in our daily lives. Everyday we are inundated with messages that tell us what's wrong with our world. It's not surprising that we lose sight of all the things that are right with it. In this presentation, participants will view the video Celebrate What's Right with the World™. Celebrating what's right helps to recognize options and opportunities before us and to harness the energy we need to fix what's wrong.

1.5 CEU/S.W. CEU

3:00 – 4:30

Staff Development Center-Room 108

Presentation: REBT: Neither Rocket Science nor Metaphysics

Presenter: Robert Bates, Psy.D.

Fresno, CA

Summary: This year, in addition to a summary of "The Meaning of Life and Happiness Model" and homework projects, the group will discuss the epistemological foundations of therapy: i.e. Should therapy be "empirical" rejecting "philosophy?" or "philosophical" at the expense of being "verifiable" In accord with the teachings of Albert Ellis, Dr. Bates will suggest that REBT/Meaning of Life is a therapy model based on a middle ground, part science and part philosophy as necessary.

1.5 CME/CEU/S.W. CEU

WEDNESDAY, FEBRUARY 20, 2013

Concurrent Presentations

3:00 – 4:30

Staff Development Center-Room 111

Presentation: "Integrating Motivational Interviewing with Creative Arts in a Substance Recovery Group"

**Presenter: Troy Freimuth, Psy.D. Psychologist
Marla Berry, Ph.D.
Melissa Roskos, RT/MT-BC**

Department of State Hospitals-Patton

Summary: Summary: The presenters will discuss a unique, hybrid motivational interviewing and creative arts group that was developed for working with cognitively, emotionally, and behaviorally challenged forensic patients.

1.5 CME/CEU/S.W. CEU

3:00 – 4:30

Fitness Center Conference Room

Group Overhaul: The Four Factors That Impact Group Cohesion

**Presenter: Lorenzo Valdez, LCSW
Jessica Perez, LCSW
Sandy Suarez, LCSW
Jeff Soriano, LCSW**

Department of State Hospitals-Patton

Summary: "Group Overhaul: The four factors that impact group cohesion" will focus on discussing four of the most important factors that impact group cohesion and mutual aid. Presenters will present the various topics using their group therapy experience with forensic patients as well as knowledge of group therapy and practices to help staff (from all disciplines) enhance their group facilitating skills.

1.5 CEU/S.W. CEU

Twentieth Annual

Department of State Hospitals-Patton Forensic Mental Health Conference

Thursday February 21, 2013

8:00-8:30 **Registration**
8:30-8:45 **Welcome and Orientation**

8:45-1000 **KEYNOTE ADDRESS:** **Auditorium**

Presentation: Jubilee-A Carnival Journey of Hope and Recovery for Mental Health

Presenter: **Cathy Waechter, Certified Peer Support Specialist**
 Beverly Baird, Certified Peer Support Specialist
 Lydia F. Theon Ware-i, Certified Peer Support Specialist

Art Works: 3741 6th Street, Riverside, CA

Summary: “Jubilee” is a 35 minute theatrical presentation followed by a 30 minute Q&A.

It is performed by actors Cathy Waechter, an ASIST Facilitator, Beverly Baird, a PET Facilitator and Lydia F. Theon Ware i. a Riverside Poet. They are all Certified Peer Support Specialists, and they each have a diagnosis. Jubilee is a Recovery themed play that incorporates our journey through our dark days, our treatment, our acceptance, and our success, hopes and dreams. "Jubilee" takes place in a ‘carnival’ and the scenes tell our story in compelling metaphors that include the ”Haunted House”, the ‘Medi-Coaster’, “Bumper Cars ”and ‘much, much more.’

We perform “Jubilee” to promote and celebrate Recovery Through the Arts.

1.5 CEU/S.W. CEU

10:00-10:15 **Break**

Thursday, February 21, 2013

Concurrent Presentations

10:15-11:45

Auditorium

Presentation: Presentation: Abdominal Pain

**Presenter: Behnam L. Behnam, MD, DS
Senior Psychiatrist Supervisor
Chief of Professional Education**

Department of State Hospitals-Metropolitan

Summary: Participants of this presentation will become acquainted with: 1. Epidemiology of abdominal pain. 2. Types of abdominal pain. 3. Pathophysiology of abdominal pain. 4. Causes of Abdominal Pain. 5. Signs and symptoms of abdominal pain. 6. Diagnosis of abdominal pain. 7. Differential diagnosis. 8. Diagnostic Test & Investigations.

1.5 CME/CEU/S.W. CEU

10:15-11:45

Staff Development Center-Room 105

Presentation: Climate Change: The Role of Situational Factors in the Ecology of Inpatient Violence

**Presenter: Shannon M. Bader, Ph.D.
Sean Evans, Ph.D.**
Department of State Hospitals-Patton

Summary: This presentation discusses the relationship between unit social structure and levels of aggression. By discussing the findings of a study conducted by Katz and Kirkland in a state psychiatric hospital, drawing comparisons to our own hospital, and reporting on some findings from the recent communication study, this presentation will highlight the importance of routines, consistent staff roles, and clinical leadership to reduce violence.

1.5 CME/CEU/S.W. CEU

10:15-11:45

Staff Development Center-Room 108

Presentation: Challenges of Denial of Rights Process: Don't Go There Without Us.

**Presenters: Paula McCord-Watier, Supervising Advocate Specialist
California Office of Patients' Rights (COPR)
Michele Mudgett, Director of the California Office of Patients' Rights (COPR)
Sacramento**

Summary: This is an opportunity to understand the collective staff approach that is required when a DOR implementation is being considered; from the first considerations to acting on a DOR to the restoration of the

Right. Avoid the pit falls often seen when a DOR is submitted without the working knowledge of the process and its legislative intent.

1.5 CEU/S.W. CEU

10:15-11:45

Staff Development Center-Room 111

Presentation: Found Hanging – Now What? Discovery, Assessment, Management & Investigative Techniques

**Presenter: Denise Byerly, RN, NI, CNSAF
Ken Sandoval, LCSW
Anthony Fiedler, SSI**

Department of State Hospitals-Patton

Summary: This presentation provides an overview of the discovery of a hanging victim, impact upon the discoverer, peers and treatment team, as well as immediate physical assessment and management and overview of a successful forensic investigation that follows. Let's examine what we can do to help reduce traumatic effects related to this dramatic cry for help.

1.5 CEU/S.W. CEU

10:15-11:45

Cottage K Room 114

Presentation: Good for the Brain, Good for the Body, Balance-Auditory-Visual Exercises (BAVX)

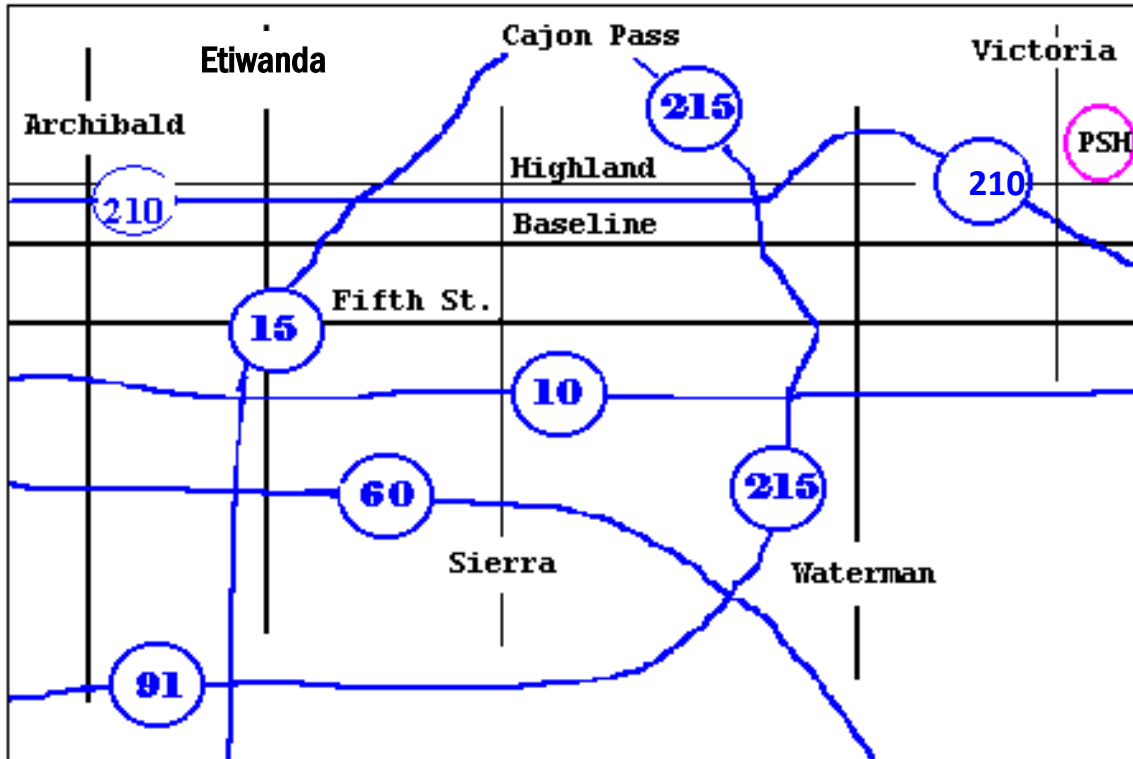
**Presenter: Michael Ehlers, L.C.S.W.
Phuong Voong, L.C.S.W.
Kimberly Miller, SW Intern**

Department of State Hospitals-Patton

Summary: Looking for a relaxing and fun workshop? This demonstration will illustrate a versatile adjunct modality to address a variety of problem areas. Racquet balls are bounced in rhythmic patterns for body-brain integration. Skill development is both individual and group. BAVX groups at Patton teach fundamental skills that are used in collaborative practice exercises. Special exercises focusing on four key areas will be demonstrated: 1. Impulsivity, 2. Aggression, 3. Inattention, 4. Memory Impairment. Participants will be invited to learn the five fundamentals of BAVX technique and join a collaborative group practice exercise.

1.5 CEU/S.W. CEU

Where is Patton?



DIRECTIONS:

From the I-10 West: Take the I-10 East to 210 West; exit Highland Ave. turn Right on Highland, pass Victoria Avenue- Patton State Hospital (3102 E. Highland) is on left side of street.

From 210 West: Take 210 East towards Redlands, exit Highland Ave. turn Left on Highland, pass Arden and Victoria Avenues-Patton State Hospital (3102 E. Highland) is on the left side.

WHERE IS THE AUDITORIUM AND PARKING?

Enter the main entrance to the hospital (North) from Highland Avenue, turn left in front of the Administration building (second stop, at the flag pole); Auditorium is directly ahead on the right.

Parking is available north of the hospital in the overflow parking area. Please do NOT park in designated rideshare or handicapped parking, unless you have the proper placard. Parking and traffic laws are enforced by the Hospital Police Department and the California Highway Patrol.

PATTON
CEMATERY

- LEGEND**
- R1 RESIDENCES
 - GS A GENERAL SERVICES MODULARS
 - HSKP HOUSEKEEPING
 - FENCE OR LOCKED GATES
 - NS-A NUTRITIONAL SERVICES MODULAR
 - GUARD POSTS
 - (A) PARKING LOTS

Overflow Parking

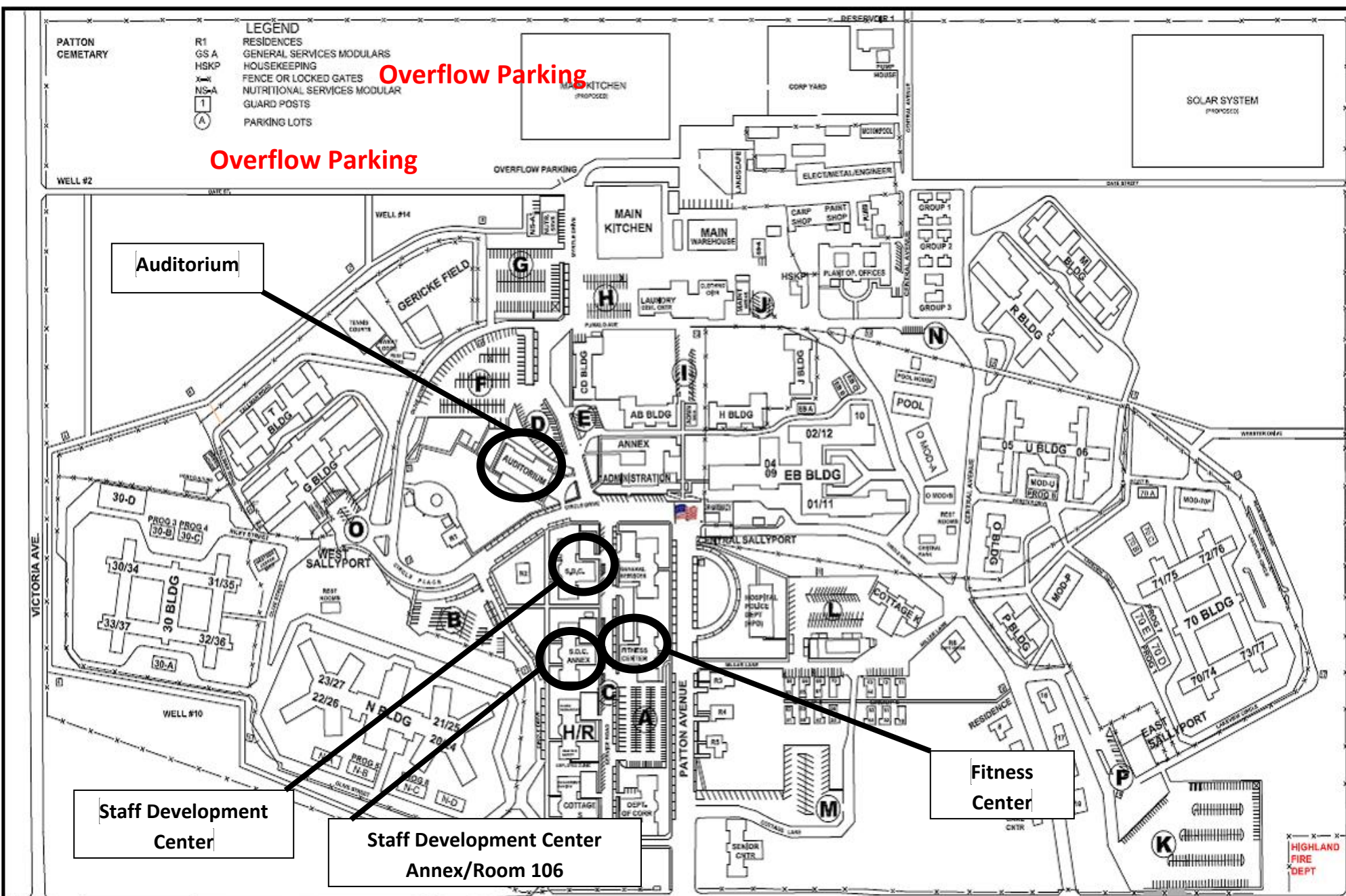
Overflow Parking

Auditorium

Staff Development
Center

Staff Development Center
Annex/Room 106

Fitness
Center



HIGHLAND AVENUE

PATTON STATE HOSPITAL
3102 E. Highland Ave.
Patton CA 92369

