

LPS DSH - Metropolitan State Hospital Contraband List

'Contraband' means material, articles, or goods that patients are prohibited from having in their possession because such materials, articles, or goods present a risk. Any item or article of property that are illegal or poses a threat to the security and safety of the hospital, patients, employees, visitors, or the public. (Welf. & Inst. Code, § 7295, subd. (i); Cal. Code Regs., tit. 9, § 881, subd. (e).

Any article which may be or has been altered or modified from its intended use or presents a danger to patients, staff or visitors and creates a safety hazard. Any item that has been altered and/ or broken from its intended use is considered contraband.

Electronic Devices

- Patients are prohibited from having personal access to, possession or on-site storage of any electronic devices with the capability to connected to a wired and/or wireless communications network to send and/or receive information.
- Computers; single board computers or motherboards; cellular or satellite phones; PDAs; graphing calculators; and satellite, shortwave, CB or GPS radios.
- Wired methods such as Ethernet, POTS, and fiber optic devices.
- Wireless methods such as Bluetooth, cellular, Wi-Fi, and WiMAX.
- Devices without native capabilities that can be modified for network communication. The modification may or may not be supported by the product vendor and may be a hardware and/or software configuration change.
- Digital media recording devices, including but not limited to CD, DVD, Blu-ray burners.
- Voice or visual recording devices in any format. Items capable of memory storage, including but not limited to:
 - Any device capable of accessible internal digital memory or remote memory access.
 - Recordable disks, including but not limited to CDs, DVDs, Blu-Ray and CD-ROM.
 - Universal Serial Bus (USB) devices (flash drives, jump drives, USB thumb drives).
 - Hard drives, SIM cards, SD drives or cards, MicroSD, compact flash drives, SDHC, SHXC, and other insertable memory devices.
- Gaming devices with digital memory storage ability, the ability to access the internet, or the ability to play games or other media not specifically designed for the device.
- Floppy disks, hard disks, and vertical helical scan (VHS) cassettes.

Permitted Items

Portable Radio, Walkman	Limit is one (1). Examples: Radio player, locked MP3 player from Walkenhorst's are permitted. USB charging port permitted. Must be clear plastic. Not permitted: SD card slot
Hand-Held Game Devices (Without capability of internet connection)	Limit is one (1). Hand-held or all-in-one systems permitted if the game system does not have external storage capability, or ability to access internet, add additional content/data, or to play games/media not specifically designed for the device
Headphones/Earbuds	No metal. No noise cancelling equipment. Cord thickness will no be greater than 16 gauge. Cord length will not exceed 4 feet long
MP3 Music Player (Without recording or internet capability)	Without recording or internet capability. Purchase of device, songs, loading of songs, and shipping has no price cap limit. All MP3 players must be clear plastic.
Speakers	Cannot be detachable, no cords, must be smaller than 6x6x6inch, no Bluetooth or Wi-Fi
Hand-Held Game Devices (Without capability of internet connection)	Limit is one (1). Hand-held or all-in-one systems permitted if the game system does not have external storage capability, or ability to access internet, add additional content/data, or to play games/media not specifically designed for the device

Prohibited Items

A/V or Antenna cords longer than 4 feet	
Cameras	
Cell Phones	
Computers	
Devices with network, Wi-Fi, cell (internet) capability	
Digital media recording devices	
Extension cords or surge protectors	
Media storage device (hard drives, thumb drives, etc.)	
Satellite Radio	
Smart TVs or TVs capable of internet connectivity	
Video game devices capable of internet connectivity	
Voice or visual recording devices of any kind	
Non-Portable Music Player Boom box	
Speakers	Cannot be detachable, no cords, must be smaller than 6x6x6inch, no Bluetooth or Wi-Fi

Controlled Items	
CDs / DVD's / Game Discs	Max 1 in patient possession. • Limit to 30 commercially manufactured and unmodified CDs, DVDs, Game Discs in unit storage. • No writable media. No burned media. No VHS tapes. • Video Games: Cannot have descriptors of "Nudity," or "Sexual Violence." • All cartridges and game discs must be purchased from "Fully Loaded Electronics." Any purchased elsewhere are contraband. • Not permitted: Games rated A or RP. • Movies/DVDs: Rated G, PG, PG13 and R permitted. Not permitted: Movies rated NC17 or X. • Unrated DVDs and Blu-Rays permitted if approved by Program Director prior to purchase. • Exception: Educational DVDs do not require approval. Examples: Great Courses, National Geographic
Battery Chargers	Limit 1: Up to 4 slots for batteries allowed.
Electric Razor	State issued only- No clippers
Items Allowed Under Supervision and/or During Treatment Groups	
Electric Musical Instruments , Amplifiers	Limit two (2) additional electronic items, such as electric guitars, key boards, tube amplifiers, etc. May have USB port if the device does not have the ability to transfer, store, or record data from the USB onto the device. No Bluetooth or Wi-Fi capability. Amps and instruments are controlled, other items should be reviewed on a case by case basis. Not permitted: SD card slot

PERSONAL CARE	
Permitted Items	
Band-Aids	Max width 1 inch; kept with patient's hygiene items. Custom Band-Aids, e.g., Spiderman, Superman or Hello Kitty.
Hair picks Combs, Barrettes, butterfly clips, Hair Ties and Hair Bands	Permitted: • Ouch-less rubber hair ties are and limited to 2 in possession. Excess may be stored in canteen hygiene box (Max 12). • Barrettes, Size 2 inches in length and 2 inches in diameter, plastic only and limited to 2 in possession (8 stored). • Max 2 Butterfly Clips, plastic only. No Alligator clips •Only hair bands with Velcro closure.
Hairbrushes/ Comb	Hospital supplied only
Prescription Eyeglasses	No metal frames or glass lenses allowed. Plastic frame and plastic lenses only. If original ones are broken- hospital issued only.
Wigs	Must be fire retardant rating. All wigs (when not in use) must be stored inside the provided bedside wardrobe and/or dresser. If approved by PD due to medical necessity.
Wave Cap	Limited to two (2) per patient and no strings. Neutral Colors only- White, Black, Grey, Khaki
Hair Extensions	Hair weave and crochet in braids, twist and locks hair extensions. Length not to exceed 16". Will go directly to beauty shop to be woven into the patient's hair. All hair extensions and wigs (when not in use) must be stored inside the provided bedside wardrobe and/or dresser.
Prohibited Items:	
Cosmetic Pencil Sharpeners	
Cotton Swabs (i.e. Q-Tips)	
Dental Picks	
Disposable Razors	
Electric Toothbrush	
Hair clippers, electric shavers, nose hair trimmers, beard trimmers	
Hair Removing Chemicals (such as Nair)	
Items containing alcohol	
Luffas made of synthetic material	
Nail Files	
Sex toys/devices	
Single braid-in hair extensions	
Spoolie Brush	
Mirrors	
Durags	
Items Controlled and Used Under Supervision	
No alcohol-based products	
Must be stored and locked when not in use. Staff must count items in and out during grooming.	
Hygiene Products Shampoo, Conditioner	Permitted in storage: deodorant (2), soap (2), box of Kleenex (2), boxes of sanitary pads (2), boxes of tampons (2). Hygiene products containing hemp oil. Hygiene products with SPF. Max 16 oz
Cosmetics	No metal or glass containers, no false eyelashes or adhesives)Controlled and supervised (must be kept in hygiene box) • Standard sized eye, brow or lip pencils no longer than 4". • Makeup brushes no longer than 4". If metal crimp no longer than ½ inch. Limit 5. • Retractable eyebrow/eyeliner pencil- plastic no longer than 6". • Eyelash curler – plastic only.

Dental Floss	Distributed by nursing staff
Toothbrush	Not permitted: electric toothbrushes. Permitted: State issued plastic or flexible no longer than 3" (for example Walkenhorst item #54666-005). One (1) only. Limit for purchase: three (3); extras to be kept in personal canteen storage container.
Hair Color/Straightener	Doctor order needed, to be used by beauty shop only, not allowed on unit
Hairbrushes	Hairbrushes with handles no more than 4 inches are - must be plastic- no metal
Hair Spray	Non-aerosol, plastic container only, no alcohol
acetone only)	No glass containers. Max 2 bottles in storage.
Oil-based hygiene products	

Clothing & Jewelry
 Patients are required to wear clothing of proper size. Clothing may not be too large, too tight, revealing or offensive. Underwear must not be visible through opaque clothing or visible due to loose-fitting clothing, i.e., no "sagging" of pants, etc. Known gang members will be prohibited from wearing their gang colors. State issued clothing that has been altered or any clothing displayed in a manner commonly associated with gangs.

Permitted Items

Clothing	May wear his/her own personal clothing, excluding khaki-colored clothing of any kind.
Undergarments	Briefs. • Boxer briefs. • Underwear • Bras (no wire) . Limit 10 items in possession
Shoes with laces	May wear shoes with shoelaces if they are brought in during admission, purchased during an outing with personal funds or provided by family/significant other, conservator or friends upon approval by the treatment team and Program Director. <i>All patients may have only one set of shoelaces in their possession and must be applied on the actual shoes at all times . Shoelace length - Max 42"</i>
Shoes and Sandals	Buckles no larger than 1" by 1" and no sharp edges. No Metal
Purses, Bags or backpacks	Patients may carry one small handbag/purse no larger than 8" by 8" in size. No straps. No gym bags, tote bags, or any other type of luggage shall be in the individual's possession. May be stored away by staff in a secure area for use during home visits.
Jewelry	Single-strand only. No jewelry should have protruding, sharp or cutting edges. Expensive jewelry (over \$200) shall be discouraged and shall be held in the Trust Office.
Bracelets	
Earrings	Stud earrings only
Rings	Without sharp edges or protuberances large than 1/4"
Wristwatches or pocket watches	Watches are not to exceed 1.5 inches in diameter and .25 inches in thickness. No glass on watch. Plastic / rubber style only. No chains
Socks	No higher than mid-calf.
Sunglasses (Plastic only)	Sunglasses (no mirrored/reflective type) shall be worn outdoors only, unless the patient has an order from the eye clinic or unit physician for indoor use.
Belts	Hospital issued belts allowed only
Watches	No bigger than 38 mm face size. Plastic face only. 1 per patient. No metal watch bands

Prohibited Items:

Bandanas	
Durags	
Body piercing jewelry other than a stud earring	No jewelry is allowed to be worn in any other body piercing, e.g., belly button, eyebrow, nose, lip, etc.
Necklaces, beads or other similar articles	Not permitted in accordance with the "no neckwear policy" established by DSH-M.
Laundry mesh bags with strings, cords or ties	
Pantyhose, nylons, knee highs, 100% nylon socks	
Scarves	
Underwire bra	
Shoelaces	When removed from shoes
Shoes/ Boots with hard or steel toes.	

Items Allowed Under Supervision and/or During Treatment Groups

Sweat bands, head bands, wrist bands	For use in exercise and sporting activities
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Food and Drink
 All items must be shipped directly from a vendor. Packages must be factory sealed in original packaging. SHELF STABLE FOODS ONLY PERMITTED.
 NO REFRIDGERATED/FROZEN ITEMS

Permitted Items	
Plastic Ware	20-ounce cups and tumblers made of flexible plastic only. 12-ounce bowl of flexible plastic only Patients are only allowed 2 tumblers and 2 bowls * Not to exceed 6 inches in diameter * No lids
Drink Mixes (Single serving only)	Decaf tea , Chocolate drink mix, Fruit flavored drink mixes. All items must be bag type, powdered.
Cookies	Individually wrapped / Snack size bags
Pastries	In sealed factory packaging
Granola	Dried items only
Crackers	No containers with foil wrapping/ cover
Cereal	
Chips	Snack Size only- No metal or foil wrapping/ lids
Fruit Cups	Plastic Cup- 4oz only
	Dried soup only Top Ramen style soup only. No soups that require cooking by microwave or stove.
Soups	
Herbal Teas	Purchased from Walkenhorst's only. Decaf only.
Soda	Caffeine Free * Only 20 oz max. Plastic bottle only.
Juice	16 oz max. Plastic bottle only.
	Instant powder or teabag only
Decaf Coffee	No more than 80 ounces allowed per package
Candy	In sealed unopened factory packaging. Prohibited: No liquor filled candy * No candy on sticks * No candy wrapped in foil * No candy with caffeine
Nuts, seeds and Trail Mix	In sealed unopened factory packaging Prohibited: No nuts or seeds that still have their shell
Peanut Butter	Individual packets only 1.5 oz max * No jars (Perishable items in jar)
Chocolate	Dark Chocolate
Prohibited Items:	
Alcohol	Beverages, hand sanitizer or any item including alcohol
Gum	
Fruits	Fresh
Aluminum Cans	
Aluminum Foil	
Caffeinated Beverages	
Energy Drinks	Rockstar, Monster, Ignite powdered drink mix, other caffeine beverages.
Foods needing refrigeration	
Glass containers	
Gum	
Plastic Bags - Zip Lock	
Baking Soda, Alum Powder or Similar Product	
Plastic ware / Thermos cups	No thermos cups * No lids
Utensils	State issued only

Arts/Crafts/Stationary	
Permitted Items	
Books	
Coloring Books	No metal binding. No hard-bound books. Limited to 20
Magazines	
Pen	State issued plastic "Flexi" Pen, 3 in
	Limit two (2) books of first-class stamps. Pre-stamped embossed envelopes may be substituted for stamps.
Stamps	
Playing cards	
Mail	Personal Letter, post cards
Prohibited Items	
Balloons	
Colored Pencils	
Magnets	
Notebooks with metal binding	
Pencil Sharpeners	
Permanent Markers	
Toxic Glue	
Whiteout	
Needles	Sewing, Crochet

Items Allowed Under Supervision and/or During Treatment Groups	
Crayons	
Chalk	
Glue Sticks	
Highlighters	
Markers	
Modge Podge	
Non-toxic paint	
Board games	
Dominos	
Play-Doh, Super Dough, Crayola Model Magic or similar substances capable of modeling or casting	

Other / Misc. Items	
Permitted Items	
Religious Items	Bible (Size) , Rosary : We are verifying which items / materials can/are to be permitted.
Legal Correspondence	Court case materials, etc.
Bedding	Blankets, comforters, bed spreads no larger than XL twin size. Must be washed / dried on unit by patient. Personal pillow (1): must be standard size. Personal sheets No electrical blankets Weighted Blankets (See A.D. 3416)
Towels	Must be washed / dried on unit by patient.
Prohibited Items:	
Photos	
Pornographic material	Any materials that depicts a rape, penetration, sadomasochist act, child erotica, or crime of violence.
Tattooing Materials	
Incendiary devices (matches, lighters)	
Identification items or financial payment methods	Must be sent to trust office
Portrayals of nudity	
Tobacco Products	
Metal Clothes Hangers	
Rope	
Wire	
Medical equipment	
Items Allowed Under Supervision and/or During Treatment Groups	
These items are to be stored away from patient direct possession.	
Yoga Mats, foam rollers, foam blocks	No detachable straps on yoga mats. • No solid weighted core in foam blocks or rollers
Games and sports equipment	